

For Any Questions contact any EC Members or (Rinkesh Shah - 6028129309/ Hitesh Jain - 9498782487)

Paryushan Mahaparva Program 2026

Shravan Vad 12 (Baras) through Bhadar Sudi 4th (Chouth)

Jai Jinendra

With devotion and humility, we invite all Jain Sangh members to observe Paryushan Mahaparva—a sacred time for self-purification, repentance, scripture study, tapasya, pratikraman, and kshamapana. May these auspicious days inspire us to deepen ahimsa, sanyama, svadhyay, bhakti, and maitri bhav toward all living beings.

Paryushan Parva Days: September 8th – September 15th, 2026



Shri Jitubhai Shah

During this sacred Paryushan Mahaparva, we are blessed to welcome respected **Shri Jitubhai Shah** from Mumbai, India, as our guest Vidhi Karta beginning Monday, September 7th.

Jitubhai has graced many religious events across various Sangh by conducting pious Aradhana with his deep knowledge of Jainism and his effective speeches. He provides services as a Jain teacher in Mulund Jain Sangh Pathshala. It is our extreme pleasure to welcome Shri Jitubhai as this year's PARYUSHAN PARVA dignitary/scholar.

We look forward to receiving his guidance in vidhi, pravachan, swadhyay, and devotional observances throughout the Parv.

Members who wish to sponsor Swamivatsalya during any day of Paryushan Parva may use the link below:

[Link to Paryushan Sponsorship \(each day\)](#)

RSVP for Eksana and Swamivatsalya:

[Link to RSVP for Paryushan](#)

Volunteer Spreadsheet (We need two committed volunteers for each day):

[!\[\]\(4f6bf54ae7e4144a72d78316053e412d_img.jpg\) Paryushan_Volunteer_Sheet](#)

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September 8th, Tuesday — Day 1 of Paryushan Parva	
Time	Religious Program
8:30 AM – 10:30 AM	Puja / Snatra Puja
11:00 AM – 12:15 PM	Pravachan
12:30 PM – 1:30 PM	Swamivatsalya / Ekasana (Last dish: 1:15 PM)
6:15 PM – 7:30 PM	Pratikraman
7:30 PM – 7:45 PM	Stutis and Bhakti
7:45 PM – 8:30 PM	Pravachan
8:45 PM	Aarti and Mangal Divo

September 9th, Wednesday — Day 2 of Paryushan Parva	
Time	Religious Program
8:30 AM – 10:30 AM	Puja / Snatra Puja
11:00 AM – 12:15 PM	Pravachan
12:30 PM – 1:30 PM	Swamivatsalya / Ekasana (Last dish: 1:15 PM)
6:15 PM – 7:30 PM	Pratikraman
7:30 PM – 7:45 PM	Stutis and Bhakti
7:45 PM – 8:30 PM	Pravachan
8:45 PM	Aarti and Mangal Divo

September 10th, Thursday — Day 3 of Paryushan Parva (Choudas)	
Time	Religious Program
8:30 AM – 10:30 AM	Puja / Snatra Puja
11:00 AM – 12:15 PM	Pravachan
12:30 PM – 1:30 PM	Swamivatsalya / Ekasana (Last dish: 1:15 PM)
5:15 PM – 7:30 PM	Pratikraman — Pakhi Pratikraman
7:45 PM – 8:30 PM	Pravachan
8:45 PM	Aarti and Mangal Divo

September 11th, Friday — Day 4 of Paryushan Parva Kalpsutra Vanchan Begins	
Time	Religious Program
8:30 AM – 10:30 AM	Puja / Snatra Puja
10:30 AM – 10:45 AM	Kalpsutra Vanchan Celebration Procession
11:00 AM – 12:15 PM	Pravachan in the Main Hall
12:30 PM – 1:30 PM	Swamivatsalya / Ekasana (Last dish: 1:15 PM)
6:15 PM – 7:30 PM	Pratikraman
7:30 PM – 7:45 PM	Stutis and Bhakti
7:45 PM – 8:30 PM	Pravachan
8:45 PM	Aarti and Mangal Divo

September 12th, Saturday — Day 5 of Paryushan Parva Bhagwan Mahavir Swami Janma Vanchan Day	
Time	Religious Program
8:00 AM – 10:15 AM	Snatra Puja
10:20 AM – 11:15 AM	Pravachan in the Main Hall
11:15 AM – 12:30 PM	Swapna Darshan and Janma Vanchan Celebration in the Main Hall
1:00 PM – 2:30 PM	Swamivatsalya / Ekasana
2:15 PM – 3:15 PM	Pravachan
6:15 PM – 7:30 PM	Pratikraman
7:40 PM	Aarti and Mangal Divo

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September 13th, Sunday — Day 6 of Paryushan Parva	
Time	Religious Program
8:30 AM – 12:00 PM	Shri Rishabh Tarpan Poojan (No regular pooja until 11:00 AM; see detailed Poojan sequence below)
12:30 PM – 2:00 PM	Swamivatsalya / Ekasana
1:30 PM – 2:30 PM	English Pratikraman — specially for children; adults are welcome to join
2:15 PM – 3:30 PM	Pravachan
6:15 PM – 7:30 PM	Pratikraman
7:40 PM	Aarti and Mangal Divo

September 14th, Monday — Day 7 of Paryushan Parva	
Time	Religious Program
8:30 AM – 10:30 AM	Puja / Snatra Puja
11:00 AM – 12:15 PM	Pravachan
12:30 PM – 1:30 PM	Swamivatsalya / Ekasana (Last dish: 1:15 PM)
6:30 PM – 7:30 PM	Pratikraman
7:30 PM – 7:45 PM	Stutis and Bhakti
7:45 PM – 8:30 PM	Pravachan
8:45 PM	Aarti and Mangal Divo

September 15th, Tuesday — Day 8: Samvatsari Mahaparva	
8:30 AM – 10:30 AM	Puja / Snatra Puja
11:00 AM – 12:15 PM	Pravachan
12:30 PM – 2:00 PM	Swamivatsalya
2:15 PM – 3:15 PM	Pravachan and Q&A
4:00 PM – 4:30 PM	Samvatsari Pratikraman Boli
4:30 PM – 7:30 PM	Samvatsari Pratikraman
6:00 PM	Sthanakvasi Pratikraman (Blue Room at JCGB)
7:45 PM	Aarti and Mangal Divo

September 16th, Wednesday — Paryushan Parana and Beginning of Das Lakshan Parva	
Time	Religious Program
7:30 AM – 8:30 AM	Chaityavandan, Aarti, and Mangal Divo
8:30 AM	Parana Celebration

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Shri Rishabh Tarpan Poojan — Spiritual Importance

This poojan is performed based on the stotra called “Rishabh Tarpan”

This stotra is highly auspicious. Many have experienced its miracles.

It destroys both external and internal inauspicious influences.

Composed in the 12th century, the Shri Rishabh Tarpan Stotra, when used in worship of the Supreme Being, removes all obstacles and relieves physical suffering.

Any negative effects of planetary positions or nakshatras also get eliminated — such is the power of this stotra and the worship.

Poojan Timeline and Sequence — September 13, 2026

Time	Poojan Sequence	Notes / Boli
7:45 AM	Poojan Preparation	Preparation for sacred vidhi
8:30 AM	Snatra Pooja / Mangalacharan / Navkar Mantra	Auspicious beginning
9:15 AM	Bhoomi Shuddhi	Live Boli
9:20 AM	Fragrance water spreading across temple	Live Boli
9:30 AM	Sandalwood sprinkles across the temple	Live Boli
9:40 AM	Kshetrapal Poojan	Live Boli
9:50 AM	Fragrance Water Abhishek	Performed by 1st Swamivatsalya sponsor of the day
10:10 AM	Fragrance Milk Abhishek	Performed by 2nd Swamivatsalya sponsor of the day
10:30 AM	Dhrut Snatra Abhishek	Performed by 3rd Swamivatsalya sponsor of the day
10:40 AM	Ikshu Ras Water Abhishek	Performed by 4th Swamivatsalya sponsor of the day
10:50 AM	Mix Aushadhi Abhishek	Performed by 5th Swamivatsalya sponsor of the day
11:00 AM	Ashtaparakari Pooja	Live Boli
11:30 AM	Aarti / Mangal Divo	Live Boli
11:45 AM	Shanti Kalash with Rishabh Tarpan Stotra	Live Boli
12:00 PM	Chaityavandan	Completion of poojan sequence