

ગમાં અરિદંતાગં णमो सिद्धाणं णमो आयरियाणं णमो उवज्झायाणं णमो लोए सव्वसाहूणं एसोपंच णमोकारो सव्वपाव पणासणो मंगलाणं च सब्वेसिं पढमं हवड़ मंगलं ॥

### **Compiled by : Chicago Jain Center**



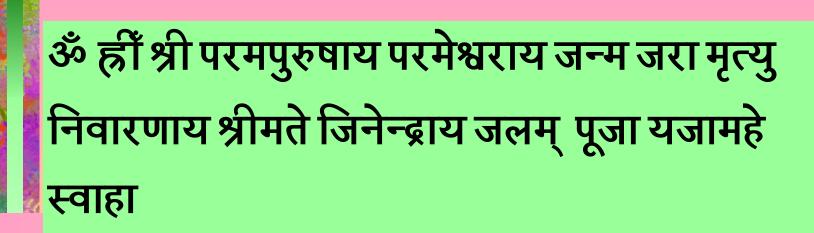






## **Ashtha Prakari Puja** <u>1. Jal Puja: (Water)</u>

By bathing the idol in the right manner we ask; may the impurities of our Karmas wash away from our soul. Let us bathe the idol of Arihant with water in the form of equanimity, from the Kalash in the form of **Knowledge**; so that our *Karmas* get destroyed.



Ohm Hrim Shri, Param Parushaya Parameshwaraya, Janma Jara Mrutyu Nivarnhaya, Shrimate Jinendraya, Jalam Puja, Ye Ja Maheswaha



### Ashtha Prakari Puja

अष्ट प्रकारी पूजा के दोहे Couplets of eight types of worship

जल पूजा के दोहे

1. Couplets of worship with water

jala pūjā jugate karo, mela anādi vināśa. jala pūjā phala muja hojo, māgo ema prabhu pāsa. .....1.

jñāna kalaśa bhari ātamā, samatā rasa bharapūra. śri jinane navarāvatā:, karma hoye cakacūra......1.





# Ashtha Prakari Puja

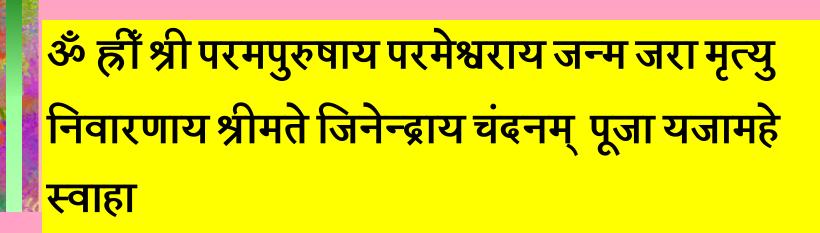
मेरु शिखर नवरावे हो सुरपति, मेरु शिखर नवरावे; जन्म काल जिनवरजी को जाणी, पंच-रूप करी आवे. . हो.१. रत्न प्रमुख अड जातिना कलशा, औषधि चूरण मिलावे; खीर समुद्र तीथोंदक आणी, स्नात्र करी गुण गावे. ... हो.२. एणी पेरे जिन-प्रतिमा को न्हवण करी, बोधि-बीज मानुं वावे; अनुक्रमे गुण रत्नाकर फरसी, जिन उत्तम पद पावे. ... हो.३.

### [1]



## 2. Chandan Puja: (Sandal wood)

To achieve the tranquility (inner peace) in our soul, we worship the idol of *Arihant* with sandalwood because tranquility resides in *Arihant* and his face is also tranquil.

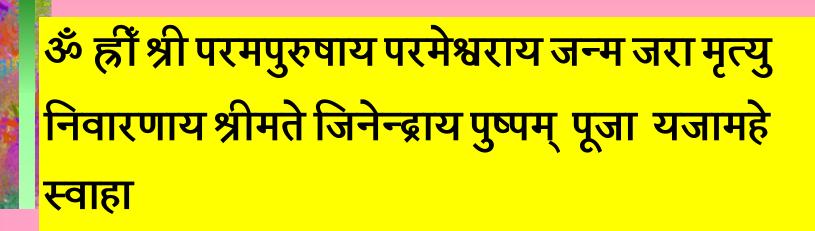


Ohm Hrim Shri, Param Parushaya, Parameshwaraya, Janma Jara Mrutyu Nivarnhaya, Shrimate Jinendraya, Chandam Puja Ye Ja Maheswaha



3. Phool (Flower) Puja -

By offering fragranance and unbroken flower to *Arihant*, whose miseries have been destroyed, we aspire to acquire the capability to go to *Moksha*.



Ohm Hrim Shri, Param Parushaya, Parameshwaraya, Janma Jara Mrutyu Nivarnhaya, Shrimate Jinendraya, Pushpum Puja Ye Ja Maheswaha



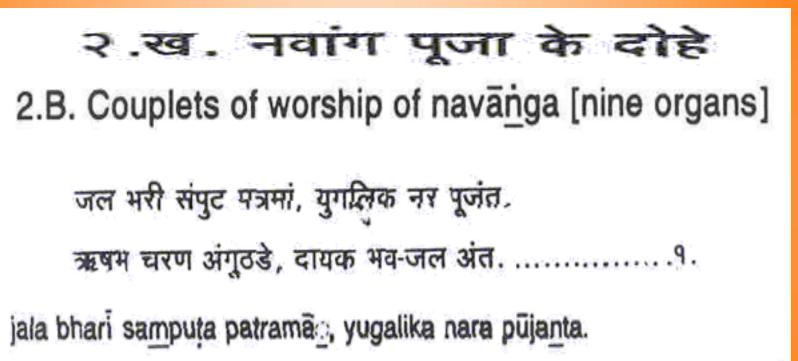


# २.क. चंदन पूजा का दोहा

2.A. Couplets of worship with sandalwood

śitala guņa jehamā rahyo, śitala prabhu mukha ranga. ātma śitala karavā bhani, pūjo arihā anga. .....1.





rşabha carana angüthade, dayaka bhava-jala anta. ......1.

### <u> 1. Toes -</u>

Arihant, you traveled great distances by foot to preach to the ignorant souls and show them the right path of life and non-violence so his feet are worthy of worship. Let me also have that kind of strength so that I can also bring righteousness for others and myself.







## 2. Knees -

With the help of these knees you stood motionless for days in meditation and achieved omniscience. By worshiping you, let me also find the strength to meditate.



### <u> 3. Forearm -</u>

लोकांतिक वचने करी, वरस्या वरसी-दान. कर कांडे प्रभु-पूजना, पूजो भवि बहु-मान.......३.

3. Forearm -

# Ashtha Prakari Puja

Even though you had all the amenities and riches, you gave away everything with these hands, to realize your self and show the right path to mankind. All living beings were safe at your hands, as you promised them safety. By worshipping your hand, I wish to not get attached to material wealth, and promise non-violence towards all living beings.



## 4. Shoulders -



## 4. Shoulders -

Even though you possessed strength, you never misused it and never had pride. Your strength also carried the burden of saving others. Likewise, I wish I never become proud and I am able to carry responsibilities.

5. Head -

सिद्ध-शिला गुण ऊजली, लोकांते भगवंत. वसिया तिणे कारण भवि, शिर-शिखा पूजंत......५.

### 5. Head -

Bhagwan, you were always absorbed in selfrealization and in the betterment of all living beings. Let me have the ability to think about others. Siddhashila is located on top of the universe, likewise the head is on top of the body. By worshipping the head, I want to reach to Siddhashila.

### 6. Forehead -

तीर्थंकर पद पुण्यथी, तिहुअण जन सेवंत. त्रिभुवन-तिलक समा प्रभु, भाल तिलक जयवंत......६. tirthankara pada punyathi, tihuana jana sevanta. tribhuvana-tilaka samā prabhu, bhāla tilaka jayavanta. ......6.



## 6. Forehead -

Because of Tirthankar Nam-Karma, all three worlds pray to you. Worshipping your forehead will bring good fortune.

You were able to equally endure pleasure and pain. I wish to do the same.



7. Neck -

## Ashtha Prakari Puja (Eight types of Puja for Tirthankar)

# Ashtha Prakari Puja

## 7. Neck -

With your soothing and sweet speeches and sermons, you touched so many lives and helped them realize their own selves. Let my speech work for the good of others.







हृदय कमल उपशम बले, बाल्यां राग ने रोष. हिम दहे वन-खंडने, हृदय तिलक संतोष.....८.

hrdaya kamala upasama bale, bālyā rāga ne rosa. hima dahe vana-khandane, hrdaya tilaka santosa......

## 8. Heart -

Vitrag Bhagwan's heart was full of amity, compassion, and mercy towards all living beings. Likewise, let my heart be full of these feelings.



### 9. Navel -

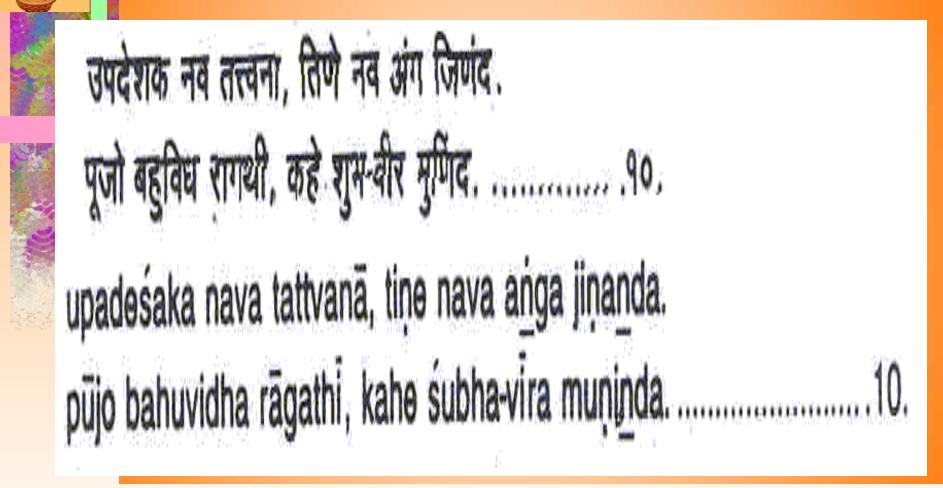
रतन-त्रयी गुण ऊजली, सकल सुगुण विसराम. नानि-कमलनी पूजना, करतो अविचल धाम......९.

ratna-trayi guna ūjali, sakala suguna visarāma. nābhi-kamalani pūjanā, karatā avicala dhāma......9.



## 9. Navel -

The navel is the center for concentration of the mind during meditation. I wish to attain the highest form of meditation to realize the self, as you did. Let me have that power by worshipping this navel of yours.







३. पुष्प पूजा का दोहा

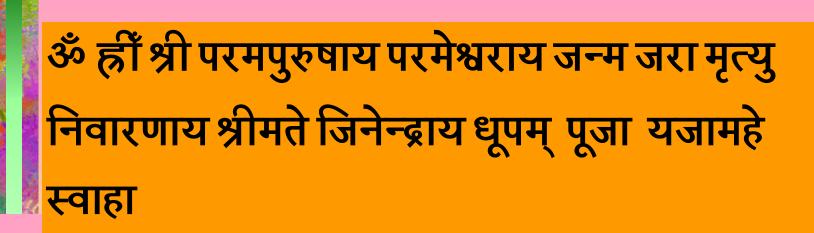
3. Couplets of worship with flowers

surabhi akhanda kusuma grahi, pūjo gata santāpa. sumajantu bhavya ja pare, kariye samakita chāpa......



4. Dhoop Puja -

By placing the incense (*dhoop*) on the left side of the idol, we initiate the upward meditation to destroy the bad odor of *Mithyatva* (*false faith*) and thus purify our soul.



Ohm Hrim Shri, Param Parushaya Parameshwaraya, Janma Jara Mrutyu Nivarnhaya, Shrimate Jinendraya, Dhupam Puja Ye Ja Maheswaha





४. धूप पूजा का दोहा

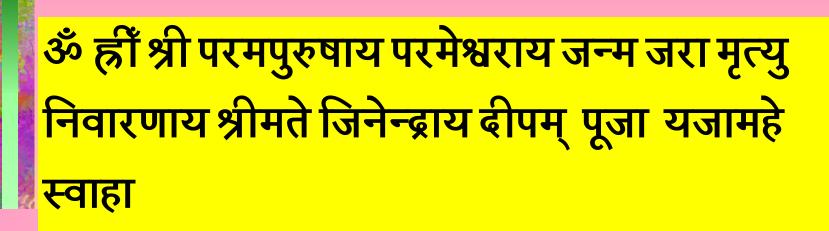
4. Couplets of worship with incense

dhyāna ghatā pragatāviye, vāma nayana jina dhūpa. micchata durgandha dūra tale, pragate ātma svarūpa......1.



5. Deepak (Lamp) Puja -

When we light the lamp, it illuminates the surroundings and destroys the darkness. Similarly, *Kevaljnana* brings the knowledge and destroys the ignorance.



Ohm Hrim Shri, Param Parushaya Parameshwaraya, Janma Jara Mrutyu Nivarnhaya, Shrimate Jinendraya, Dipam Puja Ye Ja Maheswaha



५.क. दीपक पूजा का दोहा

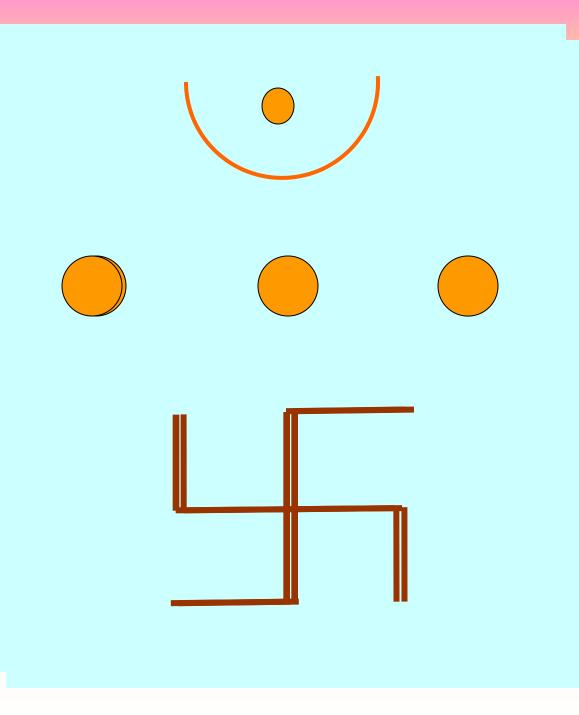


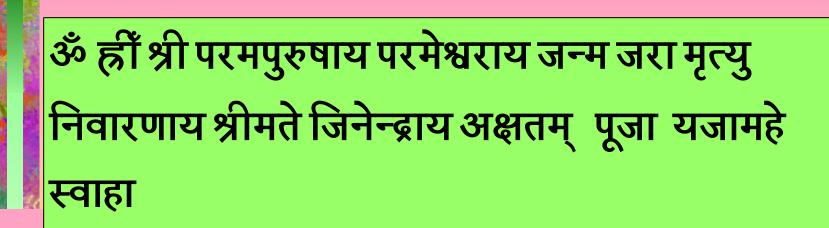
#### 6. Akshat Puja: (Rice)

By offering pure and unbroken rice grains in the form of *Nandavarta (swastika)*, we meditate in front of *Arihant*, keeping all our worldly attachments away.









Ohm Hrim Shri, Param Parushaya Parameshwaraya, Janma Jara Mrutyu Nivarnhaya, Shrimate Jinendraya, Akshatam Puja Ye Ja Maheswaha



६.क. अक्षत पूजा का दोहा

6.A. Couplets of worship with aksata [whole rice grain]

śuddha akhanda akṣata grahi, nandāvarta viśāla. pūri prabhu sanmukha raho, tāli sakala janjāla.....1.

#### Ashtha Prakari Puja

६.ख. स्वस्तिक [साथिये] के दोहे

#### 6.B. Couplets of swastik

darśana jñāna cāritranā, ārādhanathi sāra.	
siddhaśilāni upare, ho muja vāsa śri kāra1	
aksata puja karatao thakao, saphala karuo avatara.	
phala māgu prabhu agale, tara tara muja tara	
sānsārika phala māgine, radavadvo bahu sansāra.	
asta karma nivāravā, māguo moksa phala sāra	
cihue gati bhramana sansāramāe, janma marana janjāla.	
pañcama-gati viņa jīva ne, sukha nahī trihu kāla	



- 7. Naiveddh (Sweet) Puja -
- In the cycle of birth and death I have remained
- hungry many times. But that was transitory.Oh! Arihant! Give me permanent state wherethere is no desire of food. (*Moksha*).



ॐ ह्रीँ श्री परमपुरुषाय परमेश्वराय जन्म जरा मृत्यु निवारणाय श्रीमते जिनेन्द्राय नैवेद्यम् पूजा यजामहे स्वाहा

Ohm Hrim Shri, Param Parushaya Parameshwaraya, Janma Jara Mrutyu Nivarnhaya, Shrimate Jinendraya, Naivedhyam Puja Ye Ja Maheswaha





७. नैवेद्य पूजा का दोहा

7. Couplets of worship with naivedya

aṇāhāri pada meo karyāo, viggaha gaiya ananta. dūra kari te dijiye, aṇāhāri śiva santa.....1.



8. Phal (Fruit) Puja -



For the *Puja of Arihant*, the supreme being, the heavenly gods (indras and devas) bring fruits with devotion and as a result ask for *Moksha*, the ultimate fruit.



Ohm Hrim Shri, Param Parushaya Parameshwaraya, Janma Jara Mrutyu Nivarnhaya, Shrimate Jinendraya, Falam Puja Ye Ja Maheswaha





८. फल पूजा का दोहा

8. Couplets of worship with fruits

indrādika pūjā bhaņī, phala lāve dharī rāga. purusottama pūjī karī, māge siva-phala tyāga. .....1.





# The End